

Major Muscles – Anterior

Major muscles

- Orbicularis oculi
- Zygomaticus major & minor
- Orbicularis oris
- Sternocleidomastoid
- Trapezius
- Deltoid
- Pectoralis major
- Biceps brachii
- Serratus anterior
- Rectus abdominus
- External oblique
- Brachioradialis
- Flexor carpi radialis
- Flexor carpi ulnaris
- Tensor fasciae latae
- Pectineus
- Adductor longus
- Rectus femoris
- Sartorius
- Vastus lateralis
- Vastus medialis
- Gracilis
- Fibularis (peroneus) longus
- Gastrocnemius
- Tibialis anterior
- Soleus
- Extensor digitorum longus

